

PokeLava

Since 2017

1 Choose Your Base



POKE BOWL

White Rice or Brown Rice



POKE BURRITO

White Rice or Brown Rice
w. Seaweed Wrap



POKE SALAD

Chopped Romaine Lettuce



POKE ZOODLES

Thin Zucchini Noodles

2 Protein

Regular(Mix 2) \$13.50 Large(Mix 3) \$15.50

Ahi Tuna
Salmon
Seared Tuna
Shrimp
Chicken
Roast Beef

Spicy Tuna
Spicy Salmon
Avocado
Organic Tofu
Chick Peas

3 Mix-Ins

Cucumber
Edamame
Kale Green
Jalapeños
Cilantro

Hijiki Seaweed
Diced Mango
Green Onion
Sweet Onion
Cabbage

4 Flavor

VV = Vegan V = Vegetarian GF = Gluten Free

Poke Classic **VV**
Ponzu Fresh
Spicy Aioli **V GF**
Wasabi Aioli **V GF**
Sesame Ginger **V**

Umami Shoyu
Sweet Yuzu **VV GF**
Jalapeños Sauce **VV GF**
Hot Chili Gochu

5 Topping

Pick Up To Three

Seaweed Salad
Corn
Masago
Pineapple

Kani Salad
Avocado(+\$1.50)
Tangerine

6 Crunch

Onion Crisps
Crisps Noodles
Sesame Seeds
Chili Flakes

Seaweed Stripes
Hawaii Red Seasalt
Sunflower Seed

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POKELAVACO

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SIGNATURE BOWLS

REGULAR \$13.50

LARGE \$15.50

Aloha Bowl

Ahi Tuna, Cucumber, Green & Sweet Onion, Edamame,
Hawaiian Red Seasalt, Kani Salad, Sesame Seed with Umami Shoyu

Fresh Ponzu Salmon

Salmon, Edamame, Mango, Sweet Onion, Red Cabbage
Sesame Seed, Seaweed Salad with Ponzu Sauce

Sleepy Volcano

Seared Tuna, Hijiki Seaweed, Cucumber, Kale, Mango,
Sesame Seed, Kani Salad, Masago with Spicy Aioli

Fire Ball

Ahi Tuna, Green Onion, Jalapenos, Kale, Cucumber
Sesame Seeds, Hot Chili Flake, Kani Salad, Masago with Hot Chili Gochu

Chicken Moku

Chicken, Green Onion, Red Cabbage, Edamame, Mango,
Cucumber, Corn, Sesame Seeds with Poke Classic

Blue Hawaii

Shrimp, Green Onion, Cucumber, Mango, Hijiki, Kale,
Seaweed Salad, Wasabi Furikake with Wasabi Aioli

Garden Paradise

Organic Tofu, Edamame, Kale Green, Cucumber, Mango,
Green & Sweet Onion, Corn with Sweet Yuzu or Jalapeños Sauce

SIDE

Hot Miso Soup \$2.50

Extra Topping \$0.75

Extra Protein \$2.50